



PSHE CURRICULUM MAP
SUBJECT OVERVIEW
 Secondary & Post 16
 2019 - 2020

<p>All events and learning activities develop SMSC, promote British Values & adhere to the 9 protected characteristics set out by the Equality Act 2010 where appropriate.</p>						
<p>Important Events & Key Themes across school</p>	<ul style="list-style-type: none"> ✓ Relationships - Safeguarding ✓ E-Safety - Safeguarding ✓ Being safe – Safeguarding ✓ Diversity ✓ Anti-Slavery Day ✓ Black History Month 	<ul style="list-style-type: none"> ✓ Guy Fawkes Day ✓ Remembrance Day ✓ Anti-Bullying Week ✓ Children in Need ✓ Road Safety ✓ Hanukkah ✓ Time for Giving ✓ Christmas 	<ul style="list-style-type: none"> ✓ World Religion Day / Tolerance ✓ Holocaust Memorial Day ✓ National LGBTQ+ Month ✓ National Apprenticeship Week ✓ St Valentine's Day 	<ul style="list-style-type: none"> ✓ Great Daffodil Appeal - Month ✓ World Book Day ✓ International Women's Day ✓ Commonwealth Day ✓ World Day for Water ✓ Autism Awareness Month ✓ Easter 	<ul style="list-style-type: none"> ✓ Our Local and Community History Month ✓ Ramadan ✓ National Doughnut Week ✓ International Day of UN peacekeepers 	<ul style="list-style-type: none"> ✓ World Environment Day / Oceans Day ✓ British Heart Week ✓ World Blood Donor Day ✓ Recycle Awareness Week ✓ Art Week ✓ World Population Day ✓ Change
	<p><u>Health & Wellbeing</u></p>	<p><u>Career Progression</u></p>	<p><u>Relationship, sex education</u></p>	<p><u>Health & Wellbeing</u></p>	<p><u>Relationship, sex education</u></p>	<p><u>Career Progression</u></p>
<p>YEAR 7</p>	<p>AUTUMN 1 Personal Identity & Transition</p> <p>AUTUMN 1 Diet, exercise & healthy Lifestyles</p>	<p>AUTUMN 1/2 Enterprise skills and introduction to careers</p> <p>SPRING 1/2 Challenging careers stereotypes and raising expectations</p>	<p>AUTUMN 2 Diversity, prejudice and bullying including cyber bullying</p> <p>AUTUMN 2 Managing conflict and friendships, social media</p>	<p>SPRING 1 The risks of alcohol, tobacco and other substances</p> <p>SPRING 2 Managing puberty and issues of unwanted contact and FGM</p>	<p>SUMMER 1 Self – esteem, romance and friendships</p> <p>SUMMER 2 Exploring family life</p>	<p>SUMMER 1 Making ethical financial decisions</p> <p>SUMMER 2 Saving, spending and budgeting our money</p>
<p>Added value:</p>	<p>The Samaritans</p> <ul style="list-style-type: none"> ✓ Strategies for coping with change. 	<p>The National Careers Service & Bromley College</p> <ul style="list-style-type: none"> ✓ Learn about the different employment categories or 'sectors' ✓ Learn about the skills, abilities, and qualities that are associated 		<p>Change, Grow & Live CGL</p> <ul style="list-style-type: none"> ✓ Risks associated with alcohol and tobacco use, including binge drinking <p>Bromley Health for Professionals</p> <ul style="list-style-type: none"> ✓ Learn about increased 		



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		with each jon 'sector'		responsibility for our own health as we get older. To include: <ul style="list-style-type: none"> ✓ Vaccines to support immunity- HPV vaccine ✓ Dental support ✓ Contacting a medical professional 		
YEAR 8	AUTUMN 1 First aid and personal safety, focusing on road safety AUTUMN 1 The risks of alcohol and cannabis misuse	AUTUMN 1/2 Rights and responsibilities in the community SPRING 1/2 Tackling age and disability discrimination	AUTUMN 2 Tackling racism and religious discrimination, promoting human rights AUTUMN 2 Online safety and digital literacy	SPRING 1 Mental health and emotional wellbeing, including body language SPRING 2 Managing change and loss	SUMMER 1 Introduction to sexuality and consent SUMMER 2 Introduction to contraception including condom and the pill	SUMMER 1 Evaluating value for money in services SUMMER 2 Risks and consequences making financial decision
Added value:	The British Heart Foundation: <ul style="list-style-type: none"> ✓ First aid and life-saving skills training Change, Grow, Live CGL: <ul style="list-style-type: none"> ✓ Opinions and facts surrounding drug abuse. ✓ Strategies to manage 	Change, Grow, Live CGL: <ul style="list-style-type: none"> ✓ Opinions and facts surrounding drug abuse. ✓ Strategies to manage influence surrounding drug abuse. 		Change, Grow, Live CGL: <ul style="list-style-type: none"> ✓ Managing the influence of peer pressure and social expectations on drug use. ✓ The effects of long-term alcohol and drug abuse and know how to seek help. 	Sexual Health Bromley for Professionals: <ul style="list-style-type: none"> ✓ Knowledge & skills related to the condom and the pill. ✓ Reducing the risk of STIs. 	

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	influence surrounding drug abuse. ✓					
YEAR 9	AUTUMN 1 Peer pressure, assertiveness and risk, gang crime AUTUMN 1 Dieting, lifestyle balance and unhealthy coping strategies	AUTUMN 1/2 Understanding careers and future aspirations SPRING 1/2 Identifying learning strengths and setting goals as part of the GCSE ,BTEC, Functional Skills option process	AUTUMN 2 Managing conflict at home and the dangers of running away from home AUTUMN 1/2/ Tackling homophobia, transphobia and sexism	SPRING 1 Managing peer pressure in relation to illicit substances SPRING 2 Assessing the risks of drug and alcohol abuse and addiction	SUMMER 1 Relationships and sex education including healthy relationships and consent SUMMER 2 The risks of STIs, sexting and pornography	SUMMER 1/2 Reflecting on learning skills development in Key stage 3
Added value:	Sexual Health Bromley for Professionals ✓ Testicular Cancer, self-examination and support.	Safer Neighbourhood Team ✓ Young people's rights in relation to the law. ✓ What happens during a police stop and search?	Mind ✓ Understand the importance of resilience in maintaining positive health	Kite Trust ✓ Tackling homophobic, biphobic and transphobic bullying and language	Sexual Health Bromley ✓ Further knowledge and skills related to the condom and the pill ✓ Reducing the risk of STIs	

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				<p>Change, Grow, Live</p> <p>CGL:</p> <ul style="list-style-type: none"> ✓ Managing the influence of peer pressure and social expectations on drug use. ✓ The effects of long-term alcohol and drug abuse and know how to seek help. 	<p>Barclays' Lifeskills</p> <ul style="list-style-type: none"> ✓ To reflect on enterprise and employability skills 	
YEAR 10	<p>AUTUMN 1</p> <p>Transition to key stage 4 and developing study habits</p> <p>AUTUMN 1</p> <p>Mental health and ill health, tackling stigma</p>	<p>AUTUMN 1</p> <p>Understanding the causes and effects of debt</p> <p>AUTUMN 2</p> <p>Understanding the risks associated with gambling</p>	<p>SPRING 1</p> <p>Tackling relationship myths and expectations</p> <p>SPRING 1</p> <p>Managing romantic relationship challenges including breakups.</p>	<p>SUMMER 1</p> <p>Evaluating the social and emotional risks of drug use</p> <p>SUMMER 1</p> <p>Exploring the influence of role models</p>	<p>SUMMER 2</p> <p>Understanding different families and learning parenting skills</p> <p>SUMMER 2</p> <p>Managing change, grief, and bereavement</p>	<p>SPRING 1/2</p> <p>Preparation for work experience and experiencing working</p> <p>SUMMER 1/2</p> <p>Evaluation of work experience and readiness for work</p>



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Added Value:	Change, Grow, Live CGL: ✓ Managing the influence of peer pressure and social expectations on drug use. The effects of long - term alcohol and drug abuse and know how to seek help.	The Samaritans ✓ Family breakdown and bereavement ✓ Strategies for coping with change				National Careers Service & Bromley College ✓ To gain an overview of the range of opportunities in work
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<p>YEAR 11</p>	<p>AUTUMN 1 Promoting self – esteem and coping with stress</p> <p>AUTUMN 1 Learning and revision skills to maximise potential</p>	<p>AUTUMN 2 Understanding the college application process and plans beyond school</p> <p>AUTUMN 2 CV writing and interview skills for employment</p>	<p>SPRING 1 Personal values and assertive communication in relationships</p> <p>SPRING 1 Tackling domestic abuse and forced marriage</p>	<p>SPRING 2 Health and safety in independent contexts</p> <p>SPRING 2 Taking responsibility for healthy choices, such as self - examination and cosmetic procedures</p>	<p>SUMMER 1 British values, human rights and community cohesion</p> <p>SUMMER 1 Challenging extremism and radicalisation</p>	<p>Cross Curriculum Subject</p> <div data-bbox="1877 320 2136 480" style="border: 1px solid black; padding: 5px; text-align: center;">  Examination </div>
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<p>Added value:</p>	<p>Mind</p> <ul style="list-style-type: none"> ✓ Develop strategies to manage stress and access relevant support when necessary <p>National Careers service & Bromley College</p> <ul style="list-style-type: none"> ✓ Understand the range of options available at Post 16 and how to get information, advice and guidance 			<p>The British Heart Foundation</p> <ul style="list-style-type: none"> ✓ Learn more about emergency first aid; learn how to assess the need for different services for emergency and non-emergency situations and how to contact them. ✓ Students given the opportunity to geographically locate and visit their local health services 	<p>Educate Against Hate</p> <ul style="list-style-type: none"> ✓ To understand the nature of extremism 	
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<p>YEAR 12</p> 	<p>PSHE Module 1: Emotional Wellbeing</p> <p>PSHE Module 2: Keeping Safe and Healthy</p> <p>Or</p> <p>Sex and Relationships Education Module 1: Body Knowledge</p>	<p>PSHE Module 5: Tobacco and Drugs</p> <p>Or</p> <p>Sex and Relationships Education Module 1: Relationships</p>	<p>PSHE Module 11: Living in Modern Britain</p> <p>Or</p> <p>Sex and Relationships Education Module 3: Sexual Activity & Behaviour</p>	<p>PSHE Module 6: Sexual Health</p> <p>PSHE Module 7: Respectful Relationships</p> <p>Or</p> <p>Sex and Relationships Education Module 4: Contraception & Sexual Health</p>	<p>Examination Preparation</p> 	<p>Cross - curricular</p> 
<p>YEAR 12</p> 	<p>CAREERS and EXPERIENCING WORK Module 1: Self-Development</p> <p>Module 2: Career Exploration</p>	<p>CAREERS and EXPERIENCING WORK Module 2: Career Exploration</p> <p>Module 4: Considering Higher Education</p>	<p>CAREERS and EXPERIENCING WORK Module 5: Considering Apprenticeships</p> <p>Module 6: Preparing for the Workplace</p>	<p>CAREERS and EXPERIENCING WORK Module 7: Being at work</p> 	<p>Examination Preparation</p> 	<p>Cross - curricular</p> 
<p>YEAR 13</p> 	<p>PSHE Module 1: Emotional Wellbeing</p> <p>PSHE Module 2: Keeping Safe and Healthy</p> <p>Or</p> <p>Sex and Relationships Education Module 5: Personal Skills</p>	<p>PSHE Module 5: Tobacco and Drugs</p> <p>Or</p> <p>Sex and Relationships Education Module 6: Culture and Society</p>	<p>PSHE Module 11: Living in Modern Britain</p> <p>Or</p> <p>Sex and Relationships Education Module 1: Relationships</p>	<p>PSHE Module 6: Sexual Health</p> <p>PSHE Module 7: Respectful Relationships</p> <p>Or</p> <p>Sex and Relationships Education Module 3: Sexual Activity & Behaviour</p> <p>And or</p> <p>Sex and Relationships Education Module 3: Sexual Activity & Behaviour</p>	<p>Examination Preparation</p> 	<p>Cross - curricular</p> 
<p>YEAR 13</p> 	<p>CAREERS and EXPERIENCING WORK Module 2: Career Exploration</p> <p>Module 3: Career Management</p>	<p>CAREERS and EXPERIENCING WORK Module 4: Considering Higher Education</p> <p>Module 5: Career Exploration Considering Apprenticeships</p>	<p>CAREERS and EXPERIENCING WORK Module 6: Preparing for the Workplace</p> <p>Module 7: Being at Work</p>	<p>Experiencing Work in the Local Community</p> 	<p>Examination Preparation</p> 	<p>Cross - curricular</p> 

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<p>YEAR 13</p> 	<p>CAREERS and EXPERIENCING WORK Module 2: Career Exploration</p> <p>Module 3: Career Management</p>	<p>CAREERS and EXPERIENCING WORK Module 4: Considering Higher Education</p> <p>Module 5: Considering Apprenticeships</p>	<p>CAREERS and EXPERIENCING WORK Module 6: Preparing for the workplace</p>  <p>Training & Assessment</p> <p>Module 7: Being at work</p>	<p>Experiencing work in the local community</p>	<p>Examination Preparation</p> 	<p>Cross Curriculum</p> 
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