



# Curriculum Map

## PSHE Education KS3

YEAR GROUP	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2	Community Cohesion
07	<b>Health and wellbeing:</b> Personal identity and transition	<b>Relationships, sex education:</b> Diversity, prejudice and bullying. Managing conflict, on and offline.	<b>Health and wellbeing:</b> The risks of alcohol, tobacco and other substances.	<b>Health and wellbeing:</b> Managing hygiene and puberty and issues of unwanted contact and FGM.  Being responsible for one's health.	<b>Relationships, sex education:</b> Self – esteem, romance and friendships.	<b>Assessments:</b> <b>Health &amp; Wellbeing</b> <b>Relationship, sex education</b>	The Samaritans Bromley Counselling Service Change, Grow, Live Stonewall Bromley Health/Sexual Health for Professionals
08	<b>Health and wellbeing:</b> The risks of alcohol and cannabis misuse.	<b>Relationships, sex education:</b> Tackling racism and religious discrimination, promoting human rights.	<b>Health and wellbeing:</b> Mental health and emotional wellbeing, including body language.	<b>Health and wellbeing:</b> Mental health and emotional wellbeing including managing change and loss.	<b>Relationships, sex education:</b> Introduction to sexuality and consent.	<b>Assessments:</b> <b>Health &amp; Wellbeing</b> <b>Relationship, sex education</b>	The Samaritans Bromley Counselling Service Change, Grow, Live Stonewall Bromley Health/Sexual Health for Professionals
09	<b>Health and wellbeing:</b> Lifestyle balance and unhealthy coping strategies  Managing conflict at home and the dangers of running away from home.	<b>Health and wellbeing:</b> Assessing the risk of drug and alcohol and drug abuse.	<b>Health and wellbeing:</b> Managing conflict at home  Tackling homophobia, transphobia and sexism.	<b>Relationships, sex education:</b> Healthy relationships and consent.	<b>Relationships, sex education:</b> The risks of STIs, sexting and pornography.	<b>Assessments:</b> <b>Health &amp; Wellbeing</b> <b>Relationship, sex education</b>	The Samaritans Bromley Counselling Service Change, Grow, Live Stonewall Bromley Health/Sexual Health for Professionals



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