



Curriculum Map

PSHE Education KS4

YEAR GROUP	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2	Community Collaboration
10	<p>Health and wellbeing:</p> <p>Mental ill health and tackling stigma.</p>	<p>Relationships, sex education:</p> <p>Tackling relationship myths and expectations.</p> <p>Managing romantic relationships challenges, including breakups.</p>	<p>Health and wellbeing:</p> <p>Exploring the influence of role models.</p> <p>Evaluating the social and emotional risks of drug use.</p>	<p>Relationships, sex education:</p> <p>Understanding different families and learning parenting skills</p>	<p>Relationships, sex education:</p> <p>Options available following an unplanned pregnancy</p> <p>Managing change, grief and bereavement</p>	<p>Assessments:</p> <p>Health & Wellbeing Relationship, sex education</p>	<p>The Samaritans</p> <p>Bromley counselling Service</p> <p>Change, Grow, Live</p> <p>Stonewall</p> <p>Bromley Health/Sexual Health for Professionals</p>
11	<p>Health and wellbeing:</p> <p>Promoting self – esteem and coping with stress.</p>	<p>Relationships, sex education:</p> <p>Personal values and assertive communication in relationships.</p> <p>Tackling domestic abuse and forced marriage.</p>	<p>Health and wellbeing:</p> <p>Taking responsibility for your health choices,</p>	<p>Relationships, sex education:</p> <p>British values,</p> <p>Human rights’ and community cohesion.</p>	<p>Relationships, sex education:</p> <p>Challenging extremism radicalisation.</p>	<p>Assessments:</p> <p>Health & Wellbeing Relationship, sex education</p>	<p>The Samaritans</p> <p>Bromley counselling Service</p> <p>Change, Grow, Live</p> <p>Stonewall</p> <p>Bromley Health/Sexual Health for Professionals</p>